

Sight Words 常见词分级清单

适用：5-8 岁 · 初级 · Dolch 220 词分 5 级 · 附例句与打卡表

Sight

Words（常见词/视觉词）是儿童读物中出现频率最高的一批词，掌握了它们，孩子读简单绘本时能直接认出大部分单词，阅读流畅度立刻上台阶。

使用建议：每周聚焦	5-8
个词，做成词卡反复认读；能直接读出的词划掉，全部划完即本级通关。每级附	5
个例句，供家长带读。	

Pre-Primer (40 词)

起点英语 · 免费学习资料 · 仅供学习交流使用

a, and, away, big, blue, can, come, down, find, for, funny, go, help, here, I, in, is, it, jump, little, look, make, me, my, not, one, play, red, run, said, see, the, three, to, two, up, we, where, yellow, you

例句（家长带读）

- I can run.
- Look at the big dog.
- We go up and down.
- The ball is yellow.
- Where is my cat?

Primer (52 词)

起点英语 · 免费学习资料 · 仅供学习交流使用

all, am, are, at, ate, be, black, brown, but, came, did, do, eat, four, get, good, have, he, into, like, must, new, no, now, on, our, out, please, pretty, ran, ride, saw, say, she, so, soon, that, there, they, this, too, under, want, was, well, went, what, white, who, will, with, yes

例句（家长带读）

- She ate a red apple.
- He wants a new bike.
- They ran under the tree.
- Our cat is black and white.
- What did you say?

First Grade (41 词)

起点英语 · 免费学习资料 · 仅供学习交流使用

after, again, an, any, ask, as, by, could, every, fly, from, give, going, had, has, her, him, his, how, just, know, let, live, may, of, old, once, open, over, put, round, some, stop, take, thank, them, then, think, walk, were, when

例句（家长带读）

- Birds can fly over the house.
- Thank you for the gift.
- Let me open the door.
- When can we take a walk?
- She gave him an old book.

Second Grade (46 词)

起点英语 · 免费学习资料 · 仅供学习交流使用

always, around, because, been, before, best, both, buy, call, cold, does, don't, fast, first, five, found, gave, goes, green, its, made, many, off, or, pull, read, right, sing, sit, sleep, tell, their, these, those, upon, us, use, very, wash, which, why, wish, work, would, write, your

例句（家长带读）

- I always wash my hands before dinner.
- Which one is your best friend?
- Don't pull the cat's tail.
- She read five books this week.
- Why does it get cold at night?

Third Grade (41 词)

起点英语 · 免费学习资料 · 仅供学习交流使用

about, better, bring, carry, clean, cut, done, draw, drink, eight, fall, far, full, got, grow, hold, hot, hurt, if, keep, kind, laugh, light, long, much, myself, never, only, own, pick, seven, shall, show, six, small, start, ten, today, together, try, warm

例句（家长带读）

- Let's start together and try our best.
- I can draw a small tree.
- Keep the room clean and tidy.
- Today is much warmer than yesterday.
- Never drink hot water too fast.

通关打卡表

每周 5-8 词 · 能直接读出的词打勾

周次	第1周	第2周	第3周	第4周	第5周
Pre-Primer					
Primer					
First Grade					
Second Grade					
Third Grade					

打卡规则：该周计划词全部能直接读出，就在对应格子里写上完成日期。5 行全部填满 = Dolch 220 通关。

